IN THIS COURSE STUDENTS WILL:
- discover the various conditions we call diabetes
- explore who gets diabetes and why
- identify the incidence and global distribution of diabetes
- examine the diagnosis, symptoms and disease processes in diabetes.

WEEK 1: WHAT IS DIABETES?

Welcome to the course
Get started, introduce yourself and begin learning about diabetes.

Diabetes: a global issue
Explore the different types of diabetes and the spread and variation of diabetes around the world.

Life with diabetes
Identify the risks for diabetes, how it is diagnosed and what it's like to live with diabetes.

Weekly wrap
Reflect on what you have learned, test your understanding so far and get ready for next week.

WEEK 2: HISTORIES, BODIES, STORIES

Diabetes: a historical and personal perspective
Explore the history of diabetes and listen to Beth's story about getting on well with diabetes.

Glucose regulation, our bodies and diabetes
The role of insulin in carbohydrate metabolism; understanding the 'normal' in order to reflect on the effects of diabetes, the 'abnormal'.

A mystery to solve
Review the current theories on why type 1 diabetes is increasing across the world.

Reflect and integrate
Reflect on what you have learned in Week 2 and integrate your learning from across the course.