

# Additional resource

#### References and Sources for Week 1:

### **Step 1.6**

- 1. Monteiro, C. A. Nutrition and health. The issue is not food, nor nutrients, so much as processing. *Public Health Nutrition* 12, 729–731 (2009). doi:10.1017/S1368980009005291
- 2. Monteiro, C. A. et al. NOVA. The star shines bright. World Nutrition 7, 28–38 (2016)
- 3. Monteiro, C. A. *et al.* The UN Decade of Nutrition, the NOVA food classification and the trouble with ultra-processing. *Public Health Nutr* 21, 5–17 (2018). doi:10.1017/**\$1368980017000234**

# Step 1.8

1. Beard, N., Frazier, R., Jukes, D., Kennedy, O., Swinbank, A. and Tranter, R. "Feeding the British public: a centenary review of food and drink manufacturing." *CAS Report* 20, 91 (2014) ISBN 9780704915220 ISSN 0141 1330

# **Step 1.10**

 UN DESA/Population Division. 2018. World Urbanization Prospect: the 2018 revision. (Also available at: https://population.un.org/wup/ Publications/Files/WUP2018-KeyFacts.pdf and United Nations Department of Economic and Social Affairs News: May 16 2018. https://www.un.org/development/desa/en/news/population/2018-revision-of-worldurbanization-prospects.html)



