

## AUDIO TRANSCRIPT

### 6. Check the course regularly

Tip number 6 is to **check the course regularly**. Checking regularly will help you stay focused and help make your learning experience better. New things will appear during the course. For example, in addition to the live event we will be posting weekly review videos, where we talk about what we've found particularly interesting in the conversations occurring during the week. And check your emails, as we will be sending you updates.