FURTHER READING

For those of you keen to continue your studies on Tudor and Elizabethan cookery, here is a collection of suggested further reading material provided by previous learners, focusing on this week of the course.

A Proper newe booke of Cokerye. 1545

"Banquetting Stuffe": The Fare and Social Background to the Tudor and Stuart Banquet. C. Anne Wilson, Edinburgh University Press, 1991


Good Housewife’s Jewel. Thomas Dawson 1596


Plenti and Grase, Food and Drink in a Sixteenth-Century Household. Mark Dawson, Prospect Books, 2009

The Accomplisht Cook: The Art & Mystery of Cookery. Robert May. 1660 (published in Charles II’s reign, but still a valuable resource for this period).