



Physical Theatre: Exploring the Slap

	About the week	Activity One	Activity Two	Activity Three	Summary
Week 1	<p>Meyerhold in context</p> <ul style="list-style-type: none"> • Welcome to the course • Glossary 	<p>Meyerhold and Biomechanics</p> <ul style="list-style-type: none"> • Meyerhold and the Russian Revolution • Introducing Biomechanics • Introducing the études • Check your understanding 	<p>Introduction to The Slap</p> <ul style="list-style-type: none"> • The Slap étude: an overview • Reflect and discuss 		<p>Summary</p> <ul style="list-style-type: none"> • Introducing the University of Leeds • Preparing for next week
Week 2	<p>About week 2</p> <ul style="list-style-type: none"> • The week ahead 	<p>Preparation for practical activities</p> <ul style="list-style-type: none"> • Working safely 	<p>The Slap in action</p> <ul style="list-style-type: none"> • Preparation to shake and shake • Preparation to slap and taking aim • The slap and return to neutral 	<p>Your turn</p> <ul style="list-style-type: none"> • Recording your training exercise • Get creative • Prepare to share and compare 	<p>Summary</p> <ul style="list-style-type: none"> • Assess your understanding • Next steps