

	About the week	Activity One	Activity Two	Activity Three	Summary
	Optimising your online presence	The importance of an online presence	Optimising your online presence	Optimising your profile	Summary
Week One	• Welcome	 What is your online presence for? Why is it important to have an online presence? How comfortable do you feel sharing your information online? What can people find out about you online? 	 What do you want to advertise about yourself? Social media heroes Does your profile make you look employable? Optimise your online identity 	 Comparing profiles How will you change your profile? 	 End of week summary What do you want to study in the future?
	Your safety and security online	Protecting and controlling your online identity	Protecting your mental health online	The dangers of posting online	Summary
Week Two	• Welcome to week 2	 Options for sharing The importance of copyright Check your understanding 	 Looking after your mental health online How would you feel? 	 Case study: #hasjustinelandedyet Impact of your comments and shares What have you learned from this? 	 Why is managing your online profile important? Test your understanding Do you want to take your studies further?