

# Personal health budgets

A personal health budget is an amount of money which is identified to support a person's health and wellbeing needs. It isn't new money, but a different way of spending health funding.

Personal health budgets give people with long-term conditions and disabilities more choice and control over the money spent on them and the support they receive.

A personal health budget may be used for a range of things, including therapies, personal care and equipment.

- **In the video below Dylan talks about how his personal wheelchair budget has saved money and given him independence.**



- **For more about personal health budgets [follow this link to the NHS website.](#)**
- **For guidance on Personal Health Budgets for professionals [follow this link.](#)**
- **Read how a personal health budget changed Jackie's life [on the NHS website.](#)**

