

Learning Online: Studying and Reflecting



		About the week	Activity One	Activity Two	Activity Three	Summary
		Learning effectively online	Welcome to modern learning	Learning effectively for you	Learning from video	Summary
	Week One	 Welcome Why do you want to improve your skills? 	 What tools do people use to learn? How has education changed? How do you like to learn? 	 Learning effectively Your learning experience Learning with others Check your understanding 	 Learning from video Notetaking as you learn 	 What do you want to study in the future? End of week summary
	Week Two	The importance of reflecting	Reflecting on what to learn	Using reflection to process information and make connections	Reflecting on your learning experience	Summary
		 Welcome to week 2 Why is it good to reflect on your learning 	 Reflecting on what you want to learn Reflecting as you learn 	 Making connections through reflection Reflecting to see the bigger picture 	 Reflecting on your learning experience Writing a reflective log Writing a reflection on your learning experience Advantages of reflection 	 What is it like to be a modern learner? Test your understanding Do you want to take your studies further?