Comprehensive Model for Personalised Care

All age, whole population approach to Personalised Care

**INTERVENTIONS**

**Specialist**
Integrated Personal Commissioning, including proactive case finding, and personalised care and support planning through multi-disciplinary teams, personal health budgets and integrated personal budgets.
Plus Universal and Targeted interventions

**Targeted**
Proactive case finding and personalized care and support planning through General Practice. Support to self-manage by increasing patient activation through access to health coaching, peer support and self-management education.
Plus Universal interventions

**Universal**
Shared Decision Making
Enabling choice (e.g. in maternity, elective and end-of-life care), Social prescribing and link workers, Community-based support

**TARGET POPULATIONS**

People with complex needs
5%

People with long term physical and mental health conditions
30%

Whole population
100%

**OUTCOMES**

Empowering people, integrating care and reducing unplanned service use.

Supporting people to build knowledge, skills and confidence and to live well with their health conditions.

Supporting people to stay well and building community resilience, enabling people to make informed decisions and choices when their health changes.