

Video Summary

Meet the creatures that share your home (BBC News): More than 200,000 species of bacteria and fungi have been found in the home, living in the air, the dust and even in tap water. Some of these microbes are released into the water that hit our bodies when we shower. Of the thousands of species living in our homes, fewer than one hundred can make us ill and many can be useful. The shower head can also host a kind of bacteria that can boost the neurotransmitter serotonin in our brains, which can make us feel less stressed. So far, scientists have only looked at uses from a handful of species. Could it be that a microbe could contain a novel antibiotic? We have spent the last century trying to kill the bugs in our homes, now scientists will spend the next century trying to find ways they can help us.

